



The Duke University Medical Center Book of Arthritis

By David S. Pisetsky

Ballantine Books. Paperback. Book Condition: New. Paperback. 420 pages. Dimensions: 8.5in. x 5.6in. x 1.1in. COMPREHENSIVE. . . A USEFUL SOURCE. . . RECOMMENDED. --Library Journal If you are one of the nearly forty million people in the United States who suffers from some form of arthritis, you are probably confused by the myths and misinformation surrounding the illness. Arthritis is, in fact, not a single malady, but more than one hundred different diseases, each with its own cause, symptoms, characteristic progression, and treatment. Here, at last, from the world-renowned Duke University Medical Center, is an authoritative, complete, and fully up-to-date home reference for arthritis sufferers. It tells you: -- Who gets arthritis, and when-- How to identify arthritic diseases in their early stages-- What to expect at a complete examination-- How to become an active partner with your doctor in keeping your arthritis under control-- The actions and side effects of the primary drugs used to treat arthritis-- How to conduct an exercise program that is right for you-- How to alter your lifestyle and work habits to minimize your discomfort The Duke Basic Arthritis Program is designed to relieve the symptoms of arthritis and prevent its complications. Taking into account your...



READ ONLINE
[6.32 MB]

Reviews

This is the finest book i have got study till now. It usually does not price a lot of. I found out this publication from my i and dad encouraged this book to understand.

-- **Jamil Collins**

Absolutely among the best book I have possibly go through. I have go through and that i am certain that i am going to gonna read through once again again in the future. I am just delighted to tell you that this is basically the finest book i have got go through within my personal existence and could be he finest book for ever.

-- **Brian Bauch**

You May Also Like



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core...



DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...



Molly on the Shore, BFMS 1 Study score

Petrucchi Library Press. Paperback. Book Condition: New. Paperback. 26 pages. Dimensions: 9.7in. x 6.9in. x 0.3in.Percy Grainger, like his contemporary Bela Bartok, was intensely interested in folk music and became a member of the English Folk-Song Society soon after his arrival in...



Scholastic Discover More Animal Babies

Scholastic Reference. Hardcover. Book Condition: New. Hardcover. 32 pages. Dimensions: 9.1in. x 7.6in. x 0.5in.Scholastic Discover More is a revolutionary new nonfiction line pairing stunning print books with corresponding interactive digital books that extend the learning online. ANIMAL BABIES unlocks a free...