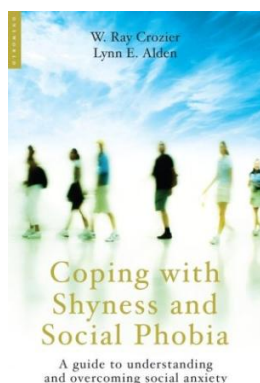


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# COPING WITH SHYNESS AND SOCIAL PHOBIAS: A GUIDE TO UNDERSTANDING AND OVERCOMING SOCIAL ANXIETY



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- Authored by Ray Crozier, Lynn E. Alden
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