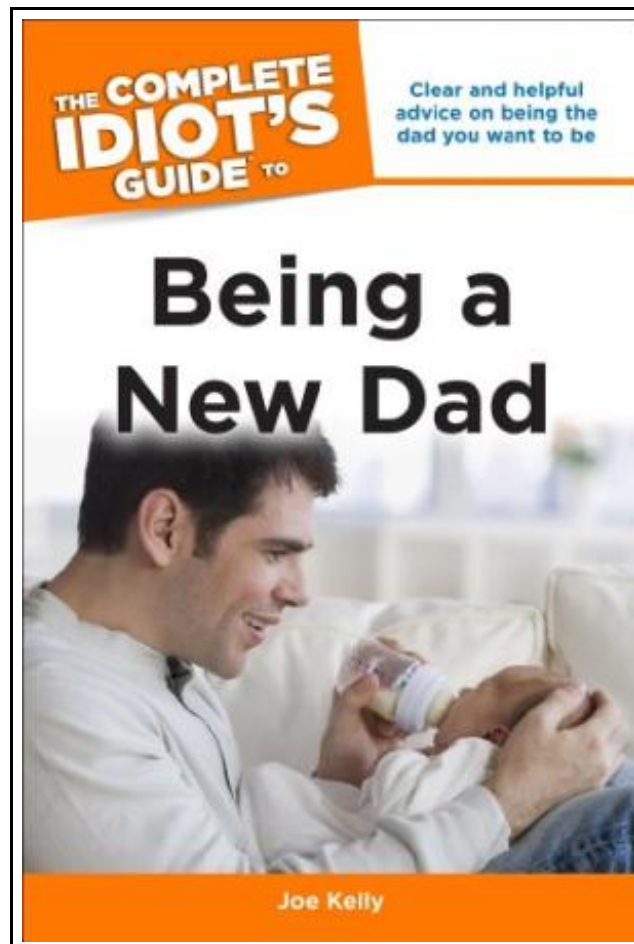


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ALPHA, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Many first-time dads are totally thrilled but also totally terrified at the thought of a new baby. Feeding, burping, changing diapers, calming a crying baby-it all can seem over-whelming for new fathers. Aimed at helping you confidently care for your baby and deal with the issues that arrive along with him, this helpful guide gives you the encouragement you need as you get to know your new bundle of joy, all in one handy place. In it, you get: Simple suggestions on prepping your home-and yourself!-for baby's arrival and how to best help Mom through the big day. Guidance on holding, bathing, dressing, soothing a fussy newborn, and more. Tips for transitioning from hospital to home and surviving those first few days as a new father. Advice on establishing routines, helping Mom recoup, and enjoying every possible moment of the first few months. Tips for helping your infant grow into a terrific toddler, reestablishing intimacy with your partner, and developing a work-family balance. Book jacket.



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