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Herbal Remedies: Herbs That Cure Sickness, Improve Health and Fight Disease

By Brian Yi

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Herbal Remedies. Herbs that Cure Sickness, Improve Health and Fight Disease It is a little known fact that almost every sickness and disease can be treated with simple herbal remedies. While the book provides several herbal remedies for common ailments and illness, it also goes beyond this to encourage readers to use herbs to keep the body and mind healthy. Incorporating herbs in everyday life can do wonders for one's health. The author believes that health should be given the greatest priority and a few simple herbal remedies can go a long way in allowing one to feel healthier, happier and younger. Herbal remedies are not just used to cure sickness, but also to prevent it. They detoxify the body, clear the mind and provide necessary nourishment. The author attempts to help readers see that herbal remedies are, for the most part, pleasant and enjoyable. Above all, they are simple and inexpensive, which makes it easy to incorporate these remedies into one's daily life. Also with a complete Bonus chapter with information you can...


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