



U. S. Marine Combat Conditioning

By United States Marine Corps

Skyhorse Publishing Company, Incorporated, U.S.A., 2011. Soft Cover. Book Condition: New. 5 1/2 x 8 1/2. With more than two-hundred instructional photographs, demonstrates Marine exercises and training techniques, incorporating mass physical drills, competitive games and exercises, and specially designed obstacle and assault courses. 5 1/2 x 8 1/2.



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